

## SHAPED BY THE STORM

R250-

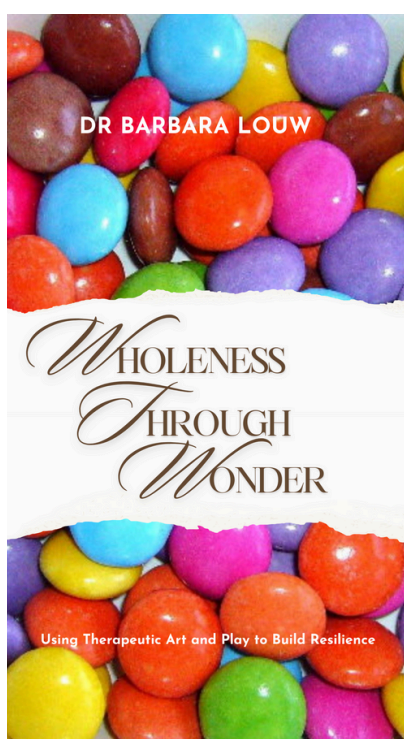
**Shaped by the Storm: Bonsai Insights for Life Beyond Medical Trauma**

Life after medical trauma feels like survival. But what if it could be a path to strength, beauty, and purpose? This powerful book blends heartfelt storytelling with expert insight, using the ancient art of bonsai to reveal how life's fiercest storms can shape us into something extraordinary.

- **Rise from the wreckage.** Turn pain into unshakable strength.
- **Heal with wisdom.** Practical insights and reflections guide your emotional, physical, and spiritual recovery.
- **Hope takes root.** Poetic storytelling and deep truths help you navigate uncertainty with grace.
- **A lifeline in every chapter.** Standalone lessons make healing accessible at any stage.
- **Flourish beyond the storm.** Like a bonsai, you can grow through challenge and thrive with purpose.

Whether you're a survivor, caregiver, or simply seeking meaning in life's struggles, Shaped by the Storm will inspire you to embrace life beyond trauma—rooted, resilient, and renewed.

ISBN 9781037047893 Format: Paperback book



## WHOLENESS THROUGH WONDER

R200-

**Wholeness Through Wonder: Unlock the Healing Power of Art & Play**

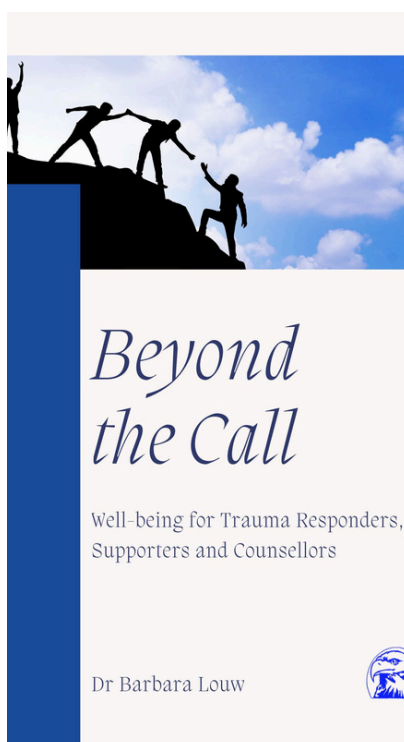
Reignite your creativity. Reclaim your joy. Rediscover your resilience.

In **Wholeness Through Wonder**, you'll uncover the life-changing impact of art and play. This uplifting guide blends personal stories, expert insights, and practical exercises to help you heal, grow, and thrive.

- **Transform pain into strength** – Use creativity to heal from past struggles.
- **Reconnect with joy** – Embrace play as a path to emotional and spiritual renewal.
- **Build unshakable resilience** – Discover simple yet profound ways to bounce back.
- **Strengthen relationships** – Foster deeper connections through shared creativity.
- **Live with purpose** – Find meaning in everyday moments through artistic expression.

Whether you're a caregiver, professional, or someone seeking wholeness, **Wholeness Through Wonder** offers a compassionate, practical roadmap to a more vibrant and resilient life.

ISBN 9781037031342 Format: Paperback book



## BEYOND THE CALL

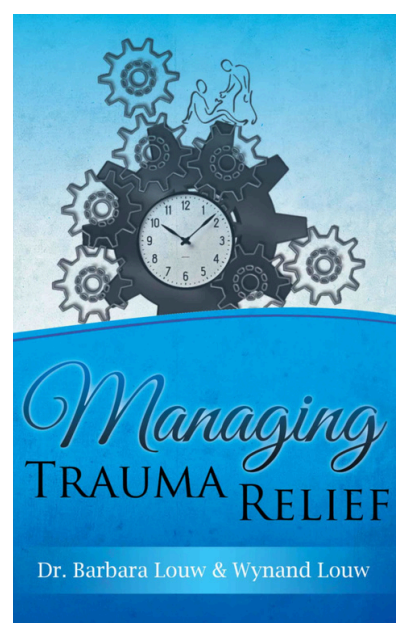
R0

**Beyond the Call - Well-being for Trauma Responders, Supporters and Counsellors**

This booklet is designed to support you, the dedicated individuals who step up in times of crisis, offering your strength and compassion to those in need. We look at the most pressing questions about your well-being.

Format: Complimentary eBook

This ebook is available at **Aquila Training**. Follow the instructions, download your copy today.



## MANAGING TRAUMA RELIEF

R350-

**Unlock Workplace Wellness: A Practical Guide to Supporting Employees Through Trauma**

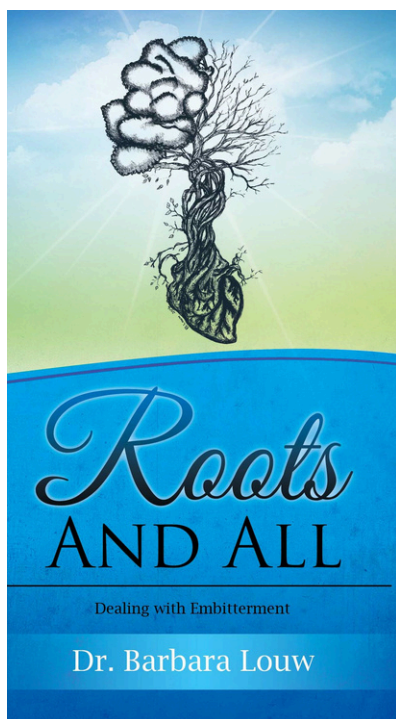
When trauma strikes the workplace, it disrupts everything—productivity, morale, and mental well-being. This powerful guide equips you with the tools to navigate crises with confidence, support your employees effectively, and foster a resilient work environment.

- **Crisis or Trauma?** Learn to spot the difference and respond appropriately.
- **Practical, Budget-Friendly Solutions**—Support employees without breaking the bank.
- **Step-by-Step Action Plans** for immediate and long-term recovery.
- **Worksheets & Checklists** to simplify implementation.
- **Build a Culture of Care** that enhances well-being and productivity.

**Your team's well-being is your company's strength. Take action today!**

ISBN 9781920527174 Format: Paperback book





## ROOTS AND ALL - DEALING WITH EMBITTERMENT R350-

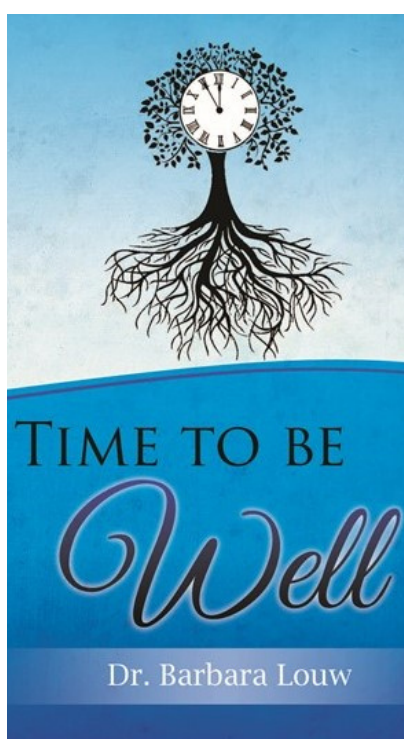
**Roots and All** uncovers the hidden impact of **bitterness and posttraumatic embitterment**—a silent force that poisons health, relationships, and entire communities.

Based on **groundbreaking research**, this book reveals **how embitterment takes root, spreads, and destroys lives**. It also offers a **path to healing**. With **clear insights and practical strategies**, you'll discover how to break free from bitterness and reclaim wholeness.

- **Understand the deep impact of embitterment**—on individuals, families, and workplaces.
- **Gain a fresh perspective on wellness** through a **wholistic systems approach**.
- **Learn how to uproot bitterness** before it takes over your life.
- **Apply real-world strategies** for healing, forgiveness, and resilience.
- **Empower yourself and others**—whether you're a therapist, HR professional, pastor, or simply seeking personal growth.

Take control. **Transform pain into purpose**. Start your journey to **wholeness** today.

ISBN 9781928372493 Format: Paperback book



## TIME TO BE WELL R200-

**Time to Be Well – Reclaim Your Life, One Moment at a Time**

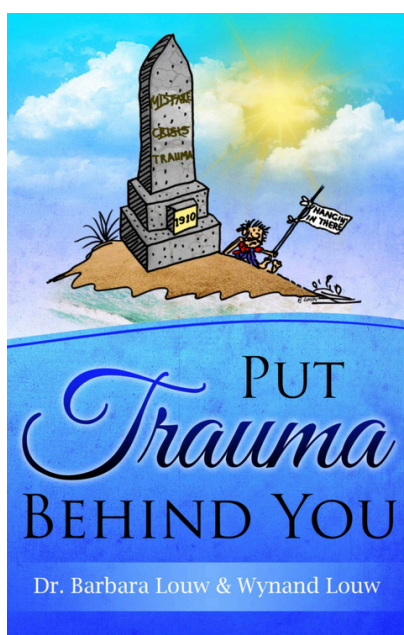
Do you ever feel like time has slipped away—like you'll never catch up? The weight of the past. The rush of the present. The uncertainty of the future. **It's time to break free.**

Dr. Barbara Louw's powerful book guides you to **reclaim your time, restore your energy, and embrace wholeness**. With wisdom and warmth, she reveals **how to heal, grow, and truly live**.

- How to **turn lost time into new beginnings**
- The secrets of **sowing wisely and reaping fully**
- Why **rest isn't a luxury, but a necessity**
- The power of **timing in healing and transformation**
- Practical steps to **live well—body, mind, and spirit**

You don't have to stay stuck. **Your time is now.**

ISBN 9781928434764 Format: Paperback book



## PUT TRAUMA BEHIND YOU R200-

**Put Trauma Behind You – Reclaim Your Life!**

Trauma shakes your world. This book helps you rebuild it.

- **Break free** from overwhelming emotions, confusion, and doubt.
- **Find clarity** in your feelings, reactions, and faith struggles.
- **Take action** with easy-to-follow checklists, worksheets, and recovery plans.
- **Heal financially**—because trauma affects more than just your emotions.
- **Move forward** with timeless, Biblical hope that has changed lives for 25+ years.

Your past doesn't define you. **Your healing starts now!**

ISBN 9781920290924 Format: Paperback book



## A SENSIBLE VISION R200-

**A Sensible Vision: Transforming Trauma into Triumph**

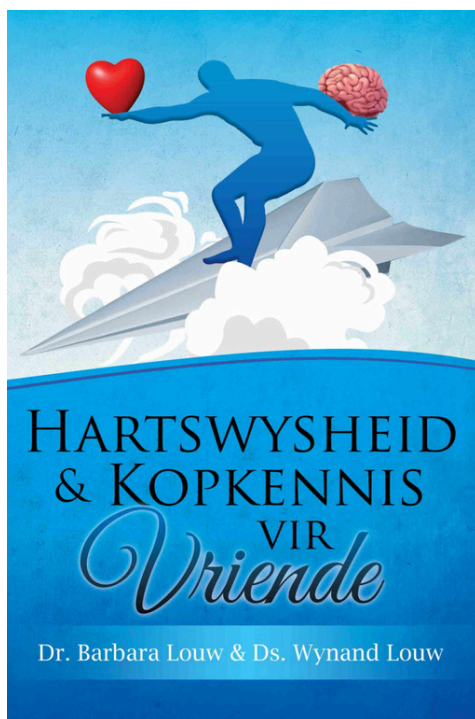
Do you want to make a real difference in the lives of traumatized people?

Dr. Barbara Louw shares a powerful, wholistic approach to trauma support—rooted in wisdom, compassion, and years of experience.

- **Transform Lives** – Learn how to support traumatized people with wisdom and compassion.
- **Understand Trauma** – Gain deep insight into its impact, stressors, and responses.
- **Practical Guidance** – Master sensitive, effective support strategies that truly help.
- **Faith-Based Hope** – Apply timeless Biblical principles for healing and restoration.

ISBN 9781920290931 Format: Paperback book





## HARTSWYSHEID EN KOPKENNIS

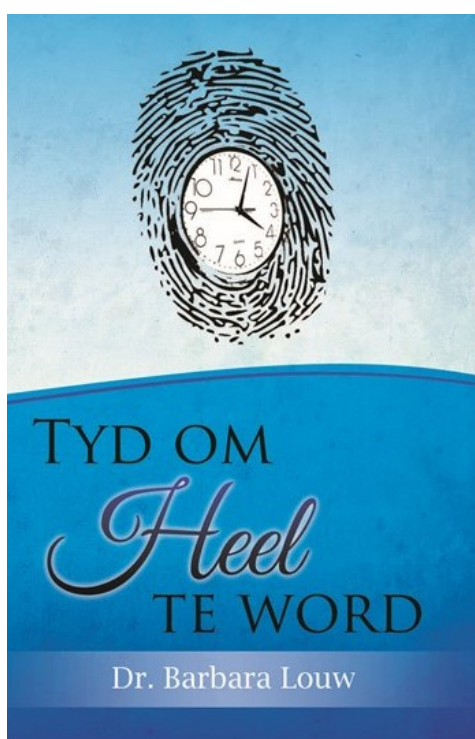
Afrikaans  
R200-

Hartswysheid en kopkennis vir vriende - 'n gids tot floreer in die moeilikste oomblikke van die lewe.

- **Wysheid vir die lewe se keuses** - Leer om logika en emosie in alledaagse besluite te balanseer met duidelike, praktiese leiding.
- **Geloof en ervaring gekombineer** - Wynand en Barbara Louw deel jare se bedieningsinsigte om jou te help om die lewe se uitdagings te navigeer.
- **Oorkom uitbranding en selftwyfel** - Herwin jou energie en doel met bewese selfhelpstrategieë en 'n unieke welstandsmoedel.
- **Hulpmiddels vir groei en aanmoediging** - Neem aksie met selfevaluerings, refleksie-oefeninge en 'n lewensbevestigende kontrak.
- **Krag vir veranderende tye** - Vind hoop en veerkragtigheid deur geloofsgedrewe wysheid wat aangepas is vir vandag se wêreld.

'n Kragtige boek vir enigiemand wat op soek is na geloofsgedrewe wysheid, emosionele vernuwning en 'n padkaart na persoonlike transformasie.

ISBN 9781776260799 Formaat: Sagtebandboek



## TYD OM HEEL TE WORD

Afrikaans  
R200-

Tyd om Heel te Word - Herwin jou lewe, een oomblik op 'n slag

Voel jy ooit dat die tyd weggeglip het - asof jy nooit sal inhaal nie? Die gewig van die verlede. Die gejaag van die hede. Die onsekerheid van die toekoms. **Dit is tyd om los te breek.**

Dr Barbara Louw se kragtige boek lei jou om jou tyd te **herwin, jou energie te herstel en heelheid te omhels**. Met wysheid en warmte openbaar sy **hoe om te genees, te groei en werklik te lewe**.

- Hoe om **verlore tyd in nuwe begin te verander**
- Die geheime **om wys te saai en ten volle te maai**
- **Waarom rus nie 'n luukse is nie, maar 'n noodsaaklikheid**
- Die krag van **tydsberekening in genesing en transformasie**
- **Praktiese stappe om goed te lewe**—liggaam, gees en gees

**Jy hoef nie vasgevang te bly nie. Jou tyd is nou.**

ISBN 9781928434771 Formaat: Sagtebandboek



## TRAUMA AGTER DIE RUG

Afrikaans  
R200-

Trauma Agter Die Rug— Herwin jou lewe!

Trauma skud jou wêreld. Hierdie boek help jou om dit te herbou.

- **Breek vry** van oorweldigende emosies, verwarring en twyfel.
- **Vind duidelikheid** in jou gevoelens, reaksies en geloofstryd.
- **Neem aksie** met maklik om te volg kontrolyste, werkkaarte en herstelplanne.
- **Genees finansieel**—want trauma raak meer as net jou emosies.
- **Beweeg vorentoe** met tydlose, Bybelse hoop wat lewens vir baie jaar verander het.

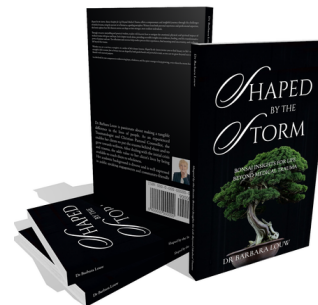
**Jou verlede definieer jou nie. Jou genesing begin nou!**

ISBN 9781919754949 Formaat: Sagtebandboek

**Pryse sluit aflewering en verpakking uit.**

## EBOOKS

Find these eBooks at you favourite store!





# BluEagle Book Orders

Order Date

Order No

## Physical Delivery Address:

Name & Surname:

Cell:

Email:

To: **Aquila Advisors cc**

Email Form to: [orders@blueagle.co.za](mailto:orders@blueagle.co.za)

PO Box 165, Garsfontein, 0042

Cell: 0837001441

Qty.	Individual English Books	Amount
	Roots and All	R350.00
	Managing Trauma Relief	R350.00
	A Sensible Vision	R200.00
	Put Trauma Behind You	R200.00
	Time to be well	R200.00
	Wholeness Through Wonder ( <b>New!</b> Available Now)	R200.00
	Shaped by the Storm ( <b>New! Launch 10 April 2025</b> ) Preorder now	R250.00

## Individuele Afrikaanse Boeke

	Hartswysheid & Kopkennis vir Vriende ( <b>20% Afslag</b> ) Was R250	R200.00
	Trauma Agter die Rug	R200.00
	Tyd om heel te word	R200.00

## New! Unique Art Prints for your home and office.

Subtotal of Books & Tools ordered		Subtotal
<b>Delivery</b>	Courier Guy - Local delivery - <b>Gauteng</b>	R90.00
	Courier Guy - Other Areas (Over Night)	R140.00
	Courier Guy - Other Areas (Economy)	R100.00
	<b>Surcharge</b> - High Risk Areas – Add Additional	R65.00
	<b>Surcharge</b> - Courier Guy - **Plots, Farms, Power Station etc.	R300.00
	Postnet-2-Postnet	R110.00

Insurance @ 2% of subtotal of order.

Send tracking number by:		Email		SMS	<b>Total Payable</b>
--------------------------	--	-------	--	-----	----------------------

**\*\*See Special Deliveries below\*\***

**SnapScan**

## Indicate Payment Method

EFT	Banking Details
Send Invoice	FNB (25-24-45)
SnapScan	Acc No: 62018134669



We **only courier door to door** ensuring that your merchandise is delivered in good order and timeously.

Deliveries might take **3 to 5 working days and outlying areas 4 to 6 working days** after dispatch. No deliveries during weekends and public holidays.

Orders will be dispatched as soon as **FNB Menlyn Maine Pretoria confirms payment**. You will receive a tracking number via email or SMS.

Please note that **we do not deliver to Post Office Postal Boxes** only Postnet-2-Postnet!

### **\*\*Special Deliveries\*\*:**

Some areas might require **additional delivery charges**. This includes: Farms, Plots, Government Offices, Military Bases, Mines, Power Stations, Game Lodges, Ports/harbours, Embassies and Consulates. See above. **Apply for a delivery quotation.**

**All quotations:** [orders@blueagle.co.za](mailto:orders@blueagle.co.za) or [bestel@blueagle.co.za](mailto:bestel@blueagle.co.za)

Prices valid until further notice or **while stock lasts**.

Prices changed on 05 March 2025.

This order form replaces all previously published order forms before March 2025

